

# Supporting Students with Mental Health: Resource List

We hope you enjoyed our CPD on supporting students with their mental health.

We have put together a list of websites/links to useful resources that might be helpful with setting work over the coming weeks. If we've missed anything, get in touch and let us know!

## **USEFUL ARTICLES**

- <https://www.sec-ed.co.uk/best-practice/ideas-to-support-staff-and-pupil-wellbeing-at-the-time-of-covid-mental-health-schools/>
- <https://www.mentalhealth.org.uk/coronavirus/school-guidance-for-coping-with-coronavirus>
- <https://young.scot/campaigns/national/coronavirus>

## **RESOURCES**

- <https://youngminds.org.uk/resources/school-resources/supporting-your-pupils-through-the-covid-19-pandemic/>
- <https://assets.markallengroup.com//article-images/228446/B2S1-July2020-StudentWellbeing.pdf>
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